Appendix 8

Rehabilitation after single-event multilevel surgery

Gillette Children's has prepared an overview <u>here</u> of the stages of rehabilitation to expect after SEMLS:

The following two references provide more detail:

Van Bommel EEH, Arts MME, Jongerius PH, Ratter J, Rameckers EAA (2019) Physical therapy treatment in children with cerebral palsy after single-event multilevel surgery: A qualitative systematic review. A first step towards a clinical guideline for physical therapy after single-event multilevel surgery. *Ther Adv Chronic Dis*, 10, 1–14. <u>Available here</u>.

Colvin C, Greve K, Lehn C, et al. (2019) Evidence-based clinical care guideline for physical therapy management of single event multi-level surgeries (SEMLS) for children, adolescents, and young adults with cerebral palsy or other similar neuromotor conditions [pdf]. [online] <u>Available here</u>. (Scroll down under the evidence-based care guidelines for SEMLS.)